

Tiger Widows Organisation Newsletter October 2010



This year has been a great year for the Tiger Widows Organisation. We started working with a new partner Organisation in the Sundarbans Islands, India, called Digambarpur Angikar. This group is verified and checked by an independent body.

We pledged to send €5,000 for Womens Self Help Group projects in 2010.

To date we have 1000 women members in 100 Self-Help-Groups

Families in this area are victims of poverty and social neglect and massive sea surges that come from the Bay of Bengal which flood their homes and lands.

This program teaches women and families to cope for disaster management as well as other life-skills. We also train women how to start saving small amounts of money and thereafter the group can be linked with a local bank. They can then take out small loans.



Disaster Management Training covers the following:

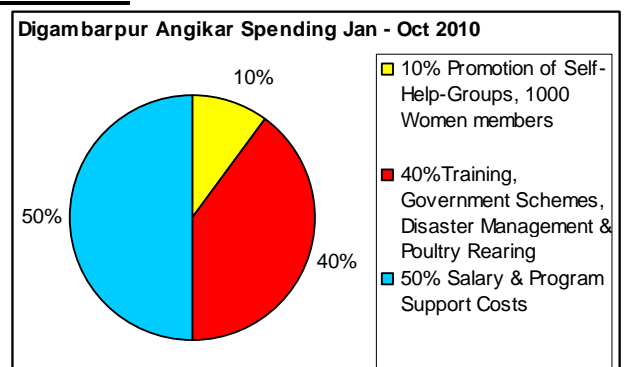
- What should one do after snakebite?
- What should one do in case of diarrhoea and vomiting?
- How to make a life jacket using traditional materials?
- How to purify drinking water?
- How to supply safe drinking water to inhabitants in the temporary shelter?
- How to purify the water of submerged tube wells for safe drinking water?

Our 2010 funding was so far raised by the following:

Valentines Draw, Sponsored Parachute Jumps, Dublin Mini-Marathon, Tramore Coffee Morning & BBQ, Private Donations, Selling T-Shirts and one Street Collection at the Fleadh Cheoil 2010 in Cavan.

Our funding has been spent on the following initiatives:

- **Promotion of Self Help Groups**
- **Training for 1000 women :**
 - Various Government Schemes & Rights
 - Disaster Management for women
 - Poultry & Duck Rearing & Livelihoods
- **Programme support cost & Salaries for staff**
- Under the **Mid-Day Meal Scheme** children of 6–11 years are served a mid day meal for 200 days in a year, 300 calories and 12g protein each day.
- We also provide **support for pregnant women, mal-nourished children** and nursing mothers who are below poverty line - pregnant women or malnourished children can receive 60g rice 25g lentils and one egg per day.



See photos overleaf of training and women's groups:

Contact us thro' our website www.tigerwidows.org or phone Sinead Fox on 086 806 7515

Tiger Widows is a Registered Charity in Ireland, Number CHY 15425



Thanks again, please keep us in mind for donations or if you feel like running a coffee morning or quiz or some event no matter how small - give me a call please - 086 806 7515 Sinead Fox